## 運用「整合性音樂素養」畫出 國中音樂課程的實踐藍圖

黄静芳

#### 摘要

本研究運用「整合性音樂素養」(Comprehensive Musicianship,以下簡寫為 CM)於國中音樂課程,旨在規劃 CM 音樂課程設計、探討 CM 教師教學歷程與分析 CM 學生學習表現。課程主題「動手玩音樂」下設計三個單元:動手玩燈光秀、動手 DIY 卡祖笛、動手做創作曲,採用行動研究法於 4 個七年級班級循環教學,參與者為七年級學生 116 位、研究者本人與國中原班音樂教師,收集資料包括學生問卷回饋單、教師教學省思、教師觀課紀錄與教學錄影,透過三角檢證效度,提出綜合省思與結論:1.在音樂課程設計上CM 具有統整音樂要素、體驗音樂角色與活化學習策略的特色;2.在教師教學歷程上 CM 注重充足探索時間、強化創作引導、重視班級經營;3.在學生學習表現上 CM 能提升學習動機、體會美感經驗與學到帶得走能力。

關鍵詞:整合性音樂素養、音樂課程、教學歷程、學習表現、行動研究

<sup>\*</sup>本篇文章為音樂教育領域,採用 APA 格式。

# Using Comprehensive Musicianship to Draw the Practical Blueprint on Junior High School Music Curriculum

Ching-Fang HUANG

#### **Abstract**

This study investigates Comprehensive Musicianship (CM) in a junior high school curriculum in order to research into the design of CM music curriculum, establish the pedagogical procedures of teachers, and analyze learning performance of students. Three lessons under the Play Music by Hands Curriculum were inserted into the regular music class, namely music light show, kazoo DIY, and music composition. Action research was adopted for four-cycle music curricula. Participants in this project include: 116 seventh graders at junior high school, their music teacher, and the researcher. Data were collected from questionnaires done by the students, teaching reflections, teaching records and videos. Triangulation was utilized to present findings. The conclusions are as follows: First, regarding music curriculum design, CM is conducive to integrate musical elements, experiencing music roles, and diversifying learning strategies. Second, regarding teaching procedures, teachers who apply CM pay attention to allowing students sufficient time to explore, encouraging students' motivation to compose, and reinforcing class management to help students learn deeply. Third, regarding students' learning performance, CM students demonstrate greater motivation for learning, have better aesthetic experience, and acquire more application competencies.

Keywords: Comprehensive Musicianship, music curriculum, teaching process, learning performance, action research

<sup>\*</sup> This article, written on the subject of music education, uses APA format.

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#### **Summary**

The music curriculum of 12-Year Basic Education Curriculum Guidelines emphasizes learning core competency, which encompasses knowledge, ability, and attitude that students should possess to equip themselves to tackle daily life matters and face future challenges. Equally important to the concept of core competency is that learning should incorporate real-life scenarios and enhance holistic development through action. Students learn integrated knowledge rather than fragmented and irrelevant theory fed through memorization. To a great extent, the idea of core competency corresponds to that of Comprehensive Musicianship.

Comprehensive Musicianship, abbreviated as CM, is a pedagogical approach for teaching and learning music. It originated from the Young Composer Project (1959) and the Contemporary Music Project (1963), and was formally established at the Seminar on Comprehensive Musicianship held at Northwestern University in 1965. The two most notable examples of CM methodology are: the Manhattanville Music Curriculum Program (1965) and the Hawaii Music Curriculum Program (1968). In CM, students are the subject of learning, and they should learn comprehensively rather than memorize knowledge fragments. Moreover, they are required to pick up musical ability that can be applied in life situations (Thomson, 2021; Willoughby, 2021). These concepts largely conform to the new concepts in education.

The CM music curriculum in this study was based on the CM model endorsed by literature review, including integrating music elements, experiencing roles of music, and activating learning strategies. Based on the Arts Domain in 12-Year Basic Education Curriculum Guidelines (Ministry of Education, 2018), the researcher designed three lessons under the Play Music by Hands Curriculum: music light show, kazoo DIY, and music composition with the expectation that the application of CM in practical teaching should present a music class that is well-rounded with diversity for the students. Based on the above research motivations, this study applies CM to the junior high school music curriculum, and the research objectives are as follows: (1) to design the music courses of the CM curriculum, (2) to standardize the pedagogical procedure for CM teachers, and (3) to analyze the learning performance of CM students.

The researcher is currently teaching a course on Music Pedagogy and Music Curriculum Theory in the music department and thus understands the difficulty which music majors face in applying theory in practice. To rectify this failure in the class, personal participation is required to explore the CM music curriculum. Through this action research, the researcher hopes to improve the personal teaching experience, reduce the gap between theory and practice, and provide college students with practical skills that are useful in the music classroom.

The researcher selected four music classes from Happy Junior High School (pseudonym) in the south of Taiwan taught by Beauty (pseudonym). To know the students better, the researcher participated in collaborative teaching with Beauty for two weeks prior to the beginning of the experiment. Then the researcher started a four-week CM curriculum of Play Music by Hands Curriculum from October 21 to November 20, 2020. Groups of 4 to 5 students were arranged to facilitate group discussion and performance in classroom settings. The classroom was equipped with an electric piano and projector for presentations.

Participants in this research included: a total of 116 seventh graders at junior high school, their music teacher, and the researcher. This study adopted the four cycles of action research, that is using the same in-class activities for four different classes. The first cycle was in class A, the second was in class B, the third was in class C, and the fourth was in class D. Content of the activities would be revised in

the classes conducted later to respond to the problems observed in the previous classes.

The data collected included quantitative and qualitative materials from students' questionnaires, teaching reflections, in-class records and videos. The student questionnaire, which has 15 quantitative and 9 qualitative questions, was reviewed by two experts for its validity; one of them is a professor in Department of Education of the National University of Tainan, and the other a junior high school music teacher.

The quantitative questions used a five-point Likert scale, with 5 denoting strongly agree, 4-agree, 3-neutral, 2-disagree, and 1 strongly disagree. For example, one of the questions is, "I like to watch my classmates performing the music light show" and students can pick 5 to 1 to express the degree of their predilection. The reliability of Cronbach's Alpha was .92, which indicates that the questionnaire has good reliability. In addition, the qualitative questions are open questions, in which students were asked to express their feelings and ideas in their own words. On top of students' feedback, the qualitative data also includes teaching reflections, in-class records, and videos. Triangulation was also utilized to present findings.

The main conclusions are as follows: First, the CM music curriculum emphasizes integrate musical elements, experiencing music roles, and diversifying learning strategies. Second, teachers who apply CM pay attention to allowing students sufficient time to explore, encouraging students' motivation to compose, and reinforcing class management to help students learn deeply. Third, CM students demonstrate greater motivation for learning, have better aesthetic experience, and acquire more application competencies.

In order not to interfere too much with the scheduled regular music instruction, this research limits the duration to only four weeks for each class and conducts CM for a total of four cycles. These two factors constitute the most significant limitation for the project. In the meantime, the CM music curriculum is to be revised through the course of the research and thus can be modified to improve the teaching quality and reduce the gap between theory and practice. Consequently, future researchers

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can expand the scale of the experiment by implementing CM curriculum for an even longer duration. The experiment can be applied at different stages of education, such as preschool, elementary, and senior high school. Moreover, quantitative research methods can be used to probe into other factors related to the CM curriculum. The case study approach can also be adopted to examine contextual data in future studies.

Music encompasses a great variety of musical elements and musical experiences, which together constitute a tremendous array of learning, and thus should serve as the guideline for curriculum design. Teachers can use music to teach music and guide students to know what and why music is. With CM curriculum, students can enjoy the richness of music through active exploration, interaction, and the spirit of teamwork while at the same time invigorate their core competencies of autonomous action, communication and interaction, and social participation.

Keywords: Comprehensive Musicianship, music curriculum, teaching process, learning performance, action research

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